**Year 6 - Physical Education Outline**

Every Year 5 student will participate in 2x 40 minutes/week structured Physical Education lessons with Mr Marshall. On top of that every Friday they will participate in 40 minutes of Senior Sports with all Year 5 and Year 6 classes. The lessons are designed around in improving the students’ fundamental movement skills, understanding movement, game play tactics and learning through movement.

**Fundamental Movement Skills in Games** – Students will learn how to throw in varying conditions and for different circumstances during game play.

**Game Play Tactics** – Students will learn how and when to use verbal and non-verbal communication to team mates during game play. Also, how to respond in transition of play between offence and defence by using appropriate positioning or use of skills.

**Understanding Movement** – Students will learn the benefits of physical activity on weight control and improved concentration. Also, they will learn the effect on movement skills when time, space, effort and people are changed or manipulated.

**Learning through Movement** – In this area student will learn about leadership in team activities and what effective strategies can be used to negotiate with others, provide encouragement, and deal with conflicts and disagreements

**Assessment**

During 2017 students will be assessed on the following:

- How they lead into offence and defence in game situations.
- Consistency of their catching from varied distances in game play
- How they modify their throw to suit the position of their teammate.
- How they use verbal and non-verbal communication during game play.
- Understanding of the effects of physical fitness on weight control and concentration.
- Explain the effects on movement skills when certain stimuli are manipulated.
- Explain how leadership is used to deal with conflict and disagreement.